

## *TO WHISPER OR NOT TO WHISPER*

*By Samuel P. Brown*

*Last month we talked about the fact that we as human beings are PREDATORS. We discussed the fact that our natures, the way we learn, why we act the way we do are completely opposite the nature of our horses. Therefore a change needs to take place in order for us to get along better with our horses. Change is not an easy task for us humans especially in this neck of the woods where CULTURE dictates the how, when and why of your training methodology. SAFETY is what this is all about! The heck with culture lets be SAFE. I see and hear about folks getting thrown off their horses all the time breaking limbs going to the hospital. I heard one just the other day where a person was simply putting their foot in the stirrup and the horse spooked and the person suffered some real damage. Most of our training is simply "task-orientated" The horse is never taught to think on its own. Never a relationship of trust and confidence is developed between horse and human. Teaching a horse a task is certainly all part of the fun, whatever discipline you may be into. The part that is missing is the part that will make your horse a safe one and will cause him to excel in your particular discipline. Safety involves a few things. We need to realize again our horse being a prey animal will act and react in a certain way. Every horse when frightened will want to flee. This instinct to flee from danger will vary from horse to horse. DESENSITIZING is a method we use to get our horses safe. You need to know how to use these techniques in order to make your horse safe. This in turn will cause your horse to have a relationship with you that you never thought possible! You will need help in order to be safe while using these methods and understanding your horses ability in the learning process. This is not as complicated as it may sound. There are lots of really good trainers out there that can help you through the process. Find yourself a mentor that you like. Pay a visit, watch them train and ask a lot of questions! Until next month KEEP IT SAFE, keep it natural. Questions: Contact Sam Brown 610-329-9074 [samuelpotterbrown@gmail.com](mailto:samuelpotterbrown@gmail.com)*

*NaturalHorsemanshipNow.com*